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Klein Windhoek | Namibia  
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## Construction Industries Federation of Namibia

### Managing HIV/Aids in the Workplace Code: MHA02 Based on demand | Ondangwa

#### Overview

This course is aimed at teaching the participant the history and epidemiology of HIV/AIDS, definition of HIV and AIDS, origin of the disease, the different ways it can be transmitted; sexual contact, blood transfusion, intravenous drug use, mother to child transmission and accidental exposure. Knowledge of how HIV is not transmitted and how to become tested with the benefits of testing and different types of tests. If a person does test positive, what the different medications prescribed by the doctor are, how the disease will progress, what factors would influence the progression and what types of infections or diseases will be detrimental to the infected person. The different types of prevention mechanisms; abstinence, being faithful, condomise, healthy living, nutrition, exercise and lifestyle changes.

#### Syllabus

History and epidemiology, origin of disease, spread of HIV, defining HIV and AIDS, types of transmission, how it is not transmitted, voluntary testing and counselling, benefits of testing, types of testing, types of medication to be used, how the disease progresses, 4 stages of the disease progression, factors influencing progression, opportunistic infections, STD's, prevention, lifestyle changes.

#### Minimum requirement for attendance:

Grade 10, 23 points

#### Logistics

**The fee includes:** all course material, refreshments and lunch.  
**Course Timings:** 08:00 -17:00 daily (unless informed otherwise)  
**Venue:** CIF House, Corner of Stein and Schwabe Street, Klein Windhoek

#### Registration Fee

To maximise the effectiveness of our training course, the CIF limits the number of attendees per class. Thus, there will be only limited spaces available and we encourage you to book early to avoid any disappointment.

**The costs for this course per delegate are as follows:**

**Members:** price on request  
**Non-Members:** price on request

Please take note that all paid bookings will be honoured first. All payments must be received before the training commences. Invoices will be e-mailed or faxed to you one week before the start of the course.

#### Certification

Attendance Certificate

#### Payments

Upon receipt of an invoice from the CIF, all payments should be done per cheque or online. Please forward your proof of payment to: [admin@cifnamibia.com](mailto:admin@cifnamibia.com)

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Street Address:  
Corner of Stein & Schwabe Street,  
Klein Windhoek

#### Conditions

**Cancellation by Client:** The client refers to the company making the booking on behalf of their employees. If the client has registered an employee for any of our courses, and the client or the employee would need to cancel, the CIF must be notified 20 working days before the scheduled training, to ensure full reimbursement of the registration fee.

For any cancellation notice received 10 and 20 working days before the scheduled training, a cancellation fee that is equal to 50% of the registration fee per person, applies. For any cancellations in less than 10 working days before the course date, no reimbursements are possible; and the client must pay the full registration fee for the registered employee.

*Please note that the CIF adheres to the stipulated cancellation policy as no-shows or late cancellation will lead to losses for the CIF. All cancellation notices must be sent per e-mail to [training@cifnamibia.com](mailto:training@cifnamibia.com). The name & dates of the course you are cancelling must be provided, as well as the full details of the registrant.*

**Cancellation by the CIF:** The CIF reserves the right to cancel or reschedule a course upon 10 working days notice prior to the scheduled training in case there are insufficient number of participants. In this case, the CIF will refund in full any payment made for the scheduled training. Though, please take note the CIF cannot be held responsible for any costs or any other losses, which may result in the event that the CIF needs to cancel or reschedule a class due to insufficient number of participants.

As the CIF needs to rely on third party trainers, The CIF also reserves the right to cancel a course without any prior notice, in the event of unavailability of the scheduled trainer. In this event of cancellation by the CIF, any payment made for the scheduled training will be refunded in full. In this case, the CIF will also reimburse related transportation costs and accommodation expenses for one night, which may result in the event that the CIF cancels or reschedules a class, provided relevant documentation is received by the CIF.